Common Parent Resources List

For all disabilities: Statewide

RRCI- Empowering People with Disabilities

(435) 673-7501 Youth Coordinator: Kayla Roberson <u>kayla@rrci.org</u> AT and Adult Coordinators: Tim Leslie and Brenda Mckee Elder Blind: Renee Nursing Transition: Myrna <u>https://www.rrci.org/</u> Mission is to empower people with disabilities in southwestern Lli

Mission is to empower people with disabilities in southwestern Utah to live independently through education, personalized services, and technology

Division of Services for People with Disabilities

1-844-275-3773 to talk with Intake Worker Website: <u>www.dspd.utah.gov</u>

Provide support for those with intellectual and physical disabilities, autism, and traumatic brain injury. Applications can be done on the website. There is a long wait list!

Utah Parent Center 2290 East 4500 South Suite 110 Salt Lake City, UT 84117 (801) 272-1051 Website: <u>www.utahparentcenter.org</u> Parent led support and resource help

Guardianship Associates of Utah

83 W 850 S Centerville, UT 84014 (801) 533-0203 Website: <u>https://www.guardianshiputah.org/</u> Information on limited and full guardianship of adult children. Can register for a Pro-se (one seeking guardianship represents themselves in court), or find options of attorney's in your area to represent you.

Social Security Supplemental Income (SSI)/Social Security for Disability (SSDI) Website: <u>https://www.ssa.gov/benefits/disability/</u> WASHINGTON COUNTY LOCAL OFFICE 1091 N Bluff Street Suite 1100, St. George UT 84770 Phone: <u>(866) 446-7085</u> **Disability Law Center** 205 N 400 W Salt Lake City, UT 84103 Call: 800-662-9080 Hours: M-F 9 am to 4 pm Website: disabilitylawcenter.org

Special Needs Registry (for assistance after a natural disaster)

https://specialneedsutah.org/ (register online)

Online network of services

https://auntbertha.com/

<mark>211</mark>

Free app on smartphones, android or iPhone Links to resources in your area

Legal in St. George:

Dabney and Barnes SSI/SSDI Advocates Website: http://barnesdisability.com/ 192 N 200 E Suite 203, St. George, UT 84770 Phone: (435) 652-8500

Guardianship Questions

Washington County Attorney: Rob Lathum <u>3143 South 840 East, Suite 420</u> St. George, Utah 84790 Office/Voicemail: 435.200.4872 Fax: 435.215.7704 Practicing Areas: Guardianship and Special Needs Planning services

St. George Area Work Related Services:

Department of Workforce Services

Washington County-St. George Office 162 North 400 East Suite B100 St. George, UT 84770 Phone: <u>866-435-7414</u> Fax: 435-986-3595 Hours: Monday - Friday 8 a.m. - 5 p.m. Website: <u>https://jobs.utah.gov</u> For job seekers, applying for Medicaid, Food Stamps, work incentive programs for those 16-21, and other assistance Vocational Rehabilitation (Washington and Kane County 14 and up)

St. George Office Address

65 East 700 South #202

<mark>St. George,</mark> UT 84770.

Website: <u>https://jobs.utah.gov/usor</u>

To Schedule Orientation and Intake: (435) 673-5091

For those working and wanting to know about benefits like Medicaid and how to stay eligible please call (435) 673-5091 and ask for DJ Bartschi—he is the benefits specialist. You don't have to be a VR client to receive this service!

Job Corp

National Website: <u>https://www.jobcorps.gov/</u> <u>https://recruiting.jobcorps.gov/Home/Locations/UT</u> Phone: <u>800 733-5627</u> or <u>877 889-5627 TTY</u> For those ages 16-24 looking for help with finishing schooling (GED) and getting vocational training

For Parents of Young Children:

BrightbyText (for parents and caregivers of those under age 5)

Text UTFAMILY to 274448 Free tips—Spanish and English

Vroom (app for parents and caregivers for children)

Free app for Android and iPhone

Family Support Center

310 W 200 N St. George, UT 84770 Crisis Nursery and Free babysitting for a break or a date *cannot use if you are needing childcare while working* To schedule please call: (435) 674-5133 Email: info@fsc4kids.org Website: https://www.fsc4kids.org/

Care About Childcare (Serving Beaver, Washington, Wayne, Garfield, Iron, Kane, Sevier, Piute, Sanpete, and Millard Counties)

http://childcarehelp.org/ A branch of 5 Counties Helps caregivers find quality childcare, answers questions, etc. Offices in Richfield, Cedar City, and St. George St. George Office 1070 W 1600 S Building B St. George UT 84770 Phone: 435-628-4843

AbbyLou Foundation 833-422-2956

Our goal is to educate and work with decision-makers, family members, persons with disabilities and their providers to help this disadvantaged demographic to lead productive and happy lives free from manipulation and coercion.

St. George Area Housing and Utility Assistance

Salvation Army St. George Office 803 S Bluff Street St. George, UT 84770 Contact: Crystal or Saul Smoak (435) 275-4975 Assistance to community with DI vouchers, emergency rental assistance, food boxes once a month, weekly bread and pastries, emergency fuel (one time), and emergency transportation.

5 County Association of Governments

St. George Office 1070 W 1600 S Bldg B St. George, UT (by AllConnect) Phone: 435-673-3548 Website: http://www.fcaog.state.ut.us/ Hebsite: http://www.fcaog.state.ut.us/ https://fivecountycap.org/ Help with rental assistance, community services, HEAT services, SSI paperwork for adults (ask for Toni) etc.

HEAT Program

Home Energy Assistance Target 1664 S. Dixie Dr. Unit L-104 (next to Sienna Pharmacy in Dixie Commons) St. George, UT 84770 Phone: (435) 652-9643

Service Animals Washington County:

Service Animals Washington County Call Sherri Woodward: 435-817-6631

Autism Spectrum Disorders and Related Conditions (St. George):

Southern Utah Autism Support Group

http://www.southernutahasg.org/ Local parent support for those on the Autism Spectrum Disorder and Related Conditions. Has ideas for resources, Project Lifesaver, etc.

Check out their Facebook page—Southern Utah Autism Support Group Community Discussions

Project Lifesaver

http://www.southernutahasg.org/project-lifesaver.html link shows how to apply

Kids on the Move

Serving kids ages 2-18 and accepts most insurances including Medicaid, private, and self-pay **To apply call Michelle at (801) 221-9930 ext. 107**

Online applications: kotm.org/programs/autism-center

One-on-One ABA therapy in home, during the day and after school. Can do psychological evaluation and diagnosing, parent training, and treatment plans Takes most private insurances, Medicaid, and self-payment plans

Summit Behavior Services

1492 South Silicon Way Suite A St. George, UT 84770 Phone: 435-275-8911 Website: https://summitbehaviorservicesutah.weebly.com/ Contact: Wendell Anderson

For those with Autism and other related conditions ages 3-18; day programs, occupational therapy, group and individual therapy, speech therapy, and psychological testing. Autism Evaluations \$500, does take Medicaid

Crimson Counseling

249 E Tabernacle St. Suite 100 St. George, UT 84770 Phone: (435) 705-7574 President: Ryan Ruud Email: admin@crimsoncounseling.net; Ryan Ruud <rruud@crimsoncounseling.net> Website: https://crimsoncounseling.net Work with teens and young adults with Autism. Evaluations take Medicaid, Regence, United Behavioral Health, Tricare, FSA, HSA

Autism Therapy Solutions

230 N 1680 E, Building U, Saint George, Utah 84790, Paul Day, BCBA (435) 313-4571 Erika Cole, BCBA (435) 668-4103 Amanda Beckstead, BCBA (435) 770-3770 Takes Medicaid, Select Health, United Healthcare, Regence, Cigna, WISE, Tricare, PEHP DMBA, United Behavioral Health Serves those 3-21 Website: https://autismtherapyservices.com/ Email: info@autismtherapyservices.com

Utah Autism Academy (Wait list to attend)

1680 E 230 N Bldg A St. George, UT 84790 435-720-8876 Website: http://utahautismacademy.com/ Accepts most insurances and Medicaid. Serves those 2-21 Utah Behavior Services 1067 East Tabernacle Street Suite 7 St. George, UT 84770 (801) 255-5131 (435) 633-4733 Website: https://utahbehaviorservices-mentalhealthclinic.business.site/ Email: office@utbs.com Accepts: Medicaid and most insurances; Serves those up to age 21

Utah Autism Medicaid Waiver

Website: http://health.utah.gov/ltc/asd/

Medicaid Autism Waiver currently not accepting applications, but can use above website to apply through Medicaid so Medicaid can cover Autism therapies and needs.

Catalyst Behavior Solutions

ABA therapy for Washington County Jade McColloch (Intake Specialist) 801-549-8821 Jadem.catalyst@gmail.com

Group Homes/Supported Living St. George Area:

Turn Community Services 334 Tabernacle St E, St. George, UT 84770 (435) 673-5251 Website: <u>https://www.turncommunityservices.org</u> *Accept private pay or DSPD*--group housing, respite hours, day programs, etc.

Chrysalis

230 North 1680 East #OP St. George, UT 84790 Nathan Marsh, Program Director <u>Nathan.marsh@gochrysalis.com</u> Phone: (435) 251-9979 Website: <u>http://www.gochrysalis.com/</u>

Accepts Medicaid, Select Health, private pay or DSPD—group home settings, respite hours, and day treatment; ABA provider up to age 21

RedHead Supports

St. George, Utah P: (435) 429-1900 929 W Sunset Blvd 21-142 St George, UT 84770 Website: http://www.redheadsupports.com/

Danville

<u>145 N. 400 W.</u> St. George, Utah 84770 (435) 634-1704 Website: <u>http://www.danvilleservices.com/</u>

Children of Hope/Southern Utah Cares

1008 E. 200 S., St. George 84790 Phone Number: 435-272-4575 Email: <u>nacdcoha@hotmail.com</u> Website: <u>http://www.childrenofhopeacademy.com</u>

Mental/Physical/Behavior Health Services

Therapy Associates

377 Riverside DriveSt. George, Utah 84790435.862.8273Website: http://therapyassociates.net/

Southwest Behavioral Health Center

Address: WASHINGTON COUNTY 474 W. 200 N. St. George, UT 84770 (435) 634-5600 24hour Emergency Service (435) 634-5600 Email: <u>info@sbhcutah.org</u> Website: <u>http://www.sbhc.us/</u>

• Southwest SMRT-Stabilization and Mobile Response Team (**Replaced MCOT**) Part of Southwest Mental Health Services 24/7 Crisis Calls: (435) 414-4362 Information Calls: (435) 656-9038

Family Healthcare

Family Health St. George Downtown Clinic 25 North 100 East Suite 102 St. George, UT 84770 Contact: Anel Robledo 435-986-2565 ext 5141 <u>anel@familyhc.org</u> Website: familyhc.org

*Medicaid specialist only in St. George Downtown Clinic

System of Care (Serves all regions of Utah)

Southwestern Region (Washington, Kane, Garfield, Iron, and Beaver Counties) Call: 1-844-651-7840 Website: systemofcare.utah.gov Email Southwest Region: <u>SWSOC@utah.gov</u>

Dental Clinic

St. George Downtown Clinic 25 North 100 East, Suite 102 St. George, UT 84770 Hours: M-W 8:00-5:00 F 8:00-12 Call: 435-986-2565 M; Hours Prior to March 4th: M-T 8:00-5:00; W-Th 8:00-7:00; F 8:00-5:00

Assistive Technology

UATF 1-800-524-5152 Website: <u>http://www.uatpat.org/</u>

Can support with purchasing equipment (iPads, walkers, wheelchairs, grab bars, etc) under \$400 for families that financially qualify. Help with low cost loans for home and other modifications

5 County Association of Governments

Phone: (435)673-3548 1070 W. 1600 S., Bldg. B; St. George, UT Office Hours: Monday through Friday, 9:00 a.m. to 5:00 p.m. Website: <u>http://www.fivecounty.utah.gov/</u> Can support with utility assistance, housing needs, and some home modifications

Habitat for Humanity

(435) 628-4041 835 South Bluff St St George, UT 84770 Website: https://habitatswu.org/

Transition (14+) Services

- <u>https://padlet.com/transitionutah/virtualtransitionresources</u>
- Online Monthly Teacher Newsletter from Schools.Utah.Gov <u>https://mtsports.us17.list-manage.com/subscribe?u=751ab87d1fa81859e0e48b064&id=f87b2335</u> <u>5a</u>
- <u>https://www.transitionelevated.org/</u>
 This app will help you create a draft transition plan.
 It was designed for students with Individual Education Programs (IEPs), but anyone can use it.
 When you are 14 the Transition Plan becomes part of your IEP.
 Your transition plan is your roadmap for the future.

- Utah Virtual Transition Institute <u>https://usu.co1.gualtrics.com/ife/form/SV_cC8vkHLRvIWMnFH</u>
- Workforce Services Rehabilitation/Pre-ETS https://jobs.utah.gov/usor/vr/services/student/preetshandout.pdf

Speech-Language Therapy/Pathology Services in the St. George, Utah Area

Disclaimer: This is not a complete reference list. This list is not a recommendation or a guarantee of quality of services; simply a reference guide.

Publicly Funded Programs Must qualify for services based on severity of delay or deficit. Services are provided at low cost or no cost for qualifying children.

Root for Kids

Services for qualifying infants and toddlers from birth to just prior to 36 months of age. Call 673-5353.

Washington County School District - Early Childhood Special Education Preschool

Services for qualifying children ages 3 to 5 years (prior to Kindergarten). Call 673-1557.

Washington County School District Elementary and Secondary Schools

Services for qualifying school-age students. Contact your student's school office or the Washington County School District office at 673-3553.

Community Based Programs Listed alphabetically by first name of speech-language pathologist.

<u>Amy Werrett</u> Speech and language services during the summers. Private pay. Services provided in Hurricane only. Call Amy at 313-3792 or email at <u>acwerrett@yahoo.com</u>

Dave Lambert Lambert Speech. Comprehensive speech-language therapy and assessment specializing in functional articulation, intelligibility, social pragmatics, language/vocabulary and augmentative communication assessment, consultation and therapy. Private Pay. Call Dave at 435-879-9436 phone/text or email at lambertspeech58@gmail.com

Holly Stankosky Clear Speech Solutions. Articulation therapy only. SmartPalate palatometer available for clients ages 7 and up. Private pay. Services located in Washington Fields. Limited availability during the school year. Call Holly at 435-467-9909.

Intermountain Pediatric Rehabilitation Speech, language, fluency/stuttering, voice and swallowing services for all ages. Third party payments may be accepted. Possible summer discounts for Washington County students with an active special education IEP. Located at 652 S. Medical Drive in the Health and Performance Center. Call 251-2250.

Small Voices Speech Therapy Experience with a variety of diagnosis, extensive training with Articulation, Developmental Delay, Autism, Cerebral Palsy and multiple disabled clients with speech, language and feeding difficulties .Private pay only. See the website at **smallvoicesspeechtherapy.org**, email to <u>smallvoicesspeechtherapy@gmail.com</u> or Call Kerry at 217-553-6991

Emily Sonzogni, Prickly Pear Pediatric Therapy Specializing in speech and language therapy for children from birth to 6 years old. Experience includes but not limited to: children with autism, atypical speech sound substitutions, language delays, apraxia, fluency/stuttering. Available year round. Private pay only. Email emily@pricklypearkids.com or call 307-258-1852

Martell Bennion. Speech, language, stuttering assessments and therapy. Private pay only. Call Martell at 435-773-5077.

Rebecca Nelson. Communication Station Speech Therapy, LLC located at 321 North Mall Drive, Suite L 103, St. George. Call Rebecca at 435-215-4084 or contact at www.stgeorgespeech.com

Shannon Richins. SpeakABLE Speech & Stuttering Clinic 352 E Riverside Dr. Suite B5, St. George. 801-309-1604 Shannon@speakableutah.com www.speakableutah.com Specializing in stuttering evaluations and treatment for all ages. Private Pay.

All speech-language pathologist/therapists listed above have Master's Degrees, ASHA Certification, and are licensed to practice in Utah with either a Utah State professional license or professional educators license/certificate. The terms 'pathologist' and 'therapist' are synonymous and can be used interchangeably. Updated 04/19/21. For additions or changes to this reference list, contact Martell Bennion, 673-1557 (ext. 2)